## A Customised Tour, 12D11N

Day 1 - Arrive KK. P.m possible warm up ride for early arrivals, bike and kit check.

Day 2 - Cycle KK to Tuaran Beach Resort. After an early breakfast, a further bike check and kit check, then we cycle about 48km on main roads through KK, a quiet shady road on Signal Hill, and then on busy main road before hitting the quieter roads out towards Karambunai and to the beach resort.

Day 3 - Cycle Tuaran Beach resort – Teluk Usukan Resort, Kota Belud. Depart 7am, cycle for about 52km using back roads for the first 12km, then a mixture of quiet roads and the main KK – Kota Belud highway, and some mixed sandy/gravel back roads, some big pot holes on these stretch. Back roads after big hills could be very wet. Note - Two quite big hills to get over before the descent towards Kota Belud. Arrive the Resort at about 1pm.



Curious cows near Teluk Usukan Resort

Day 4 - Cycle Teluk Usukan Resort to Kota Marudu town. Today's ride is 69km through winding sealed roads and short section on sandy grass and beach and through some villages with lots of cows and goats. It can be hot and humid, especially on the main roads before Kota Marudu.

**Day 5 - Cycle Kota Marudu to Kudat Golf Beach Resort via a boat transfer from Pitas.** Today's ride starts on the main road before turning into quieter village roads and some single tracks and dirt trails with lots of shades, and we'll take on quite a number of long gentle hills. At the resort, there is time to have a well deserved dip in the swimming pool or enjoy the sauna.

**Day 6 - Cycle Kudat to Tip of Borneo**. This is a really scenic day as we ride on mixture of main roads and beachside roads, very quiet village roads, lots of shades, through some oil palm plantations and passing rice fields, sections of gravel/dirt roads, before arriving at the beautiful white sandy beaches of the Tip of Borneo.

**Day 7 - Cycle Tip of Borneo to Maranjak Longhouse.** Today's ride goes through some beach roads, lovely villages, more oil palm plantations and rice fields, some dirt roads, dogs, chicken, cows and goats, and finally on the main road towards the longhouse.

**Day 8 - Transfer from Longhouse to Mt Kinabalu H.Q.** It's a rest day as get transferred to the cool air at Mt Kinabalu Park vicinity. We stay at a mountain lodge and take time to visit the Kundasang War Memorial, the Kundasang fruit, vegetable and handicraft market and the local dairy farm at Mesilau.

**Day 9 - Cycle Mt Lodge to Poring Hot Springs.** Today's ride starts off with some dirt roads through a few quiet villages behind Kundasang, and then there's a 7km downhill on busy main roads, and then it's mostly flat after that, with just the final long climb towards Poring Hot Springs. We then enjoy the hot spring baths this afternoon.

**Day 10 - Cycle Poring Hot Springs to Sabah Tea Longhouse.** Another not too long day going through really quiet villages, and lots of fun crossing a few streams and rivers, before riding on a little main road towards Sabah Tea plantation. If there's time, we could go swim in the river, or do a tea factory tour. Tonight we do a plantation walk in search of nocturnal animals.

Day 11 - Transfer 4 hrs from Sabah Tea to Sepilok Resort. Upon arrival at Sepilok, we visit the Sepilok Orangutan Rehab Centre to learn about the efforts they put in in trying to save these gentle harmless and lovable cousins of ours. We then visit the Rainforest Discovery Centre to learn a little about the tropical rainforest of Borneo, and hopefully watch flying squirrels at dusk.



## Day 12 - We depart Borneo from Sandakan airport.

River crossing near Sabah Tea

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