# Year 6 Camp (11-12 yrs old), 5D4N

### Day 1

On arrival at KK International Airport, we transfer 1 hr to Rangalau Camp. After a short safety briefing we'll have an afternoon snack. We then make our sleeping area (put up our mozzie nets). We will have time to swim in the beautiful Kiulu river, and it's time for dinner. At 8.30pm we will go to sleep in our stretcher hammock to the soothing sound of the Kiulu river!

### Day 2

A short 15 mins transfer to trek start, a quick trek briefing, and then trek 45 minutes to Lg PaKou Survival camp. On the trek we learn about the amazing flora and fauna. On arrival at the Survival Camp, there's a quick safety briefing. We then put up our hammock with the help of our guides. After lunch, we learn about the 4 survival priorities - water, fire, food & shelter. We learn how to make a shelter, how to collect/make water, fish trapping and making a fire. There will be time for a swim in the river. After dinner we have marshmallows around the campfire. At 9pm we go retire in our hammock for a well deserved rest.

## Day 3

We trek out a shorter trail, and then transfer to Jesselton Point to go to the tropical island of Gaya, off-KK. We do a short 30 mins trek pass a mangrove forest to learn about the mangrove, at the same time clean the beach. After a quick breather, we cross over the sea from Gaya Island to Sapi island on the zipline. On Sapi, after lunch, we go snorkelling and learn about the amazing marine life. We boat back and transfer back to Rangalau Camp.

### Day 4

This morning we enjoy rafting down the Kiulu river. After lunch we build our own rafts using bamboo and ropes, and we get to try them in the water to see if they float nicely. Tonight we will have a lot of fun having a blowpipe competition. Tonight we will have a gala barbecue dinner, a fitting end to an incredible week of camp.

#### Day 5

After an early breakfast we take the bus to the airport for our flight home. We bid "See You Again" to KK!