

## **A typical Borneo Biology Trip, 13D12N In-Country**

Day 1 – Arrive KK

Day 2 – Fly to SDK, then 10 mins boat to Tungog Rainforest Ecocamp, night walk/cruise, sleep in twin A-frames on an oxbow lake in the middle of an amazing jungle teeming with wildlife

Day 3 – Conservation activities, e.g. tree-planting, lake conservation, and others

Day 4 – Drive 4 hrs to DVFC (Danum Valley Field Centre). Outlined below is a typical Biology activity schedule.

Day 5 – Biology at DVFC day 1

Day 6 – Biology at DVFC day 2

Day 7 – Biology at DVFC day 3

Day 8 – Biology at DVFC day 4

Day 9 – Biology at DVFC day 5

Day 10 – Bus transfer 5 hrs to Sepilok, visit Gomantong cave en-route, visit RDC (Rainforest Discovery Centre), sleep at a Sepilok hostel

Day 11 – Visit Orangutan Rehab 10am feeding, noon depart for Kinabalu Park vicinity, sleep at Rose Cabin or equivalent

Day 12 – Trek in Kinabalu Park to see the amazing flora & fauna, transfer 2 hrs to KK

Day 13 – Depart

### ***A typical 5 full days' Biology schedule at DVFC (Danum Valley Field Centre)***

*The following timetable is by no means set in stone and there are few possibilities (such as a night drive and guided night walks in the forest close to the field centre – bearing in mind most of the wildlife are nocturnal!)*

#### **Day 1**

*Arrival – Bed allocation, briefing by Centre Manager – dinner – team night walk (along main road), bed*

#### **Day 2**

*08:00 Breakfast*

*09:30 Forest Safety briefing by Joe Wan of Fieldskills Training, Borneo (an abridged version of the course that all the scientists and volunteers at Danum Valley and all the other Sabah Field Centres are given, lively and interactive)*

*12:00 Lunch*

*13:00 Introduction to Tropical Biology by scientist J Donald*

*14:30 Nature trek with nature guide to see medicinal plants and look at forest mechanics*

*16:30 Shower and change*

*18:00 Dinner*

*19:30 Night walk (drive) – with guide & RA*

#### **Day 3**

*07:30 Breakfast*

*09:00 Today the whole team will be with J Donald. It starts with a briefing on what J Donald does and they will then help him with setting out pitfall traps. He may split the team into smaller groups and work at different locations.*

*12:30 Lunch*

*13:30 Vegetation survey around the research sites – with J Donald*

*16:30 Shower and change*

*18:00 Dinner*

*19:30 Night drive (walk)*

**Day 4**

07:30 Breakfast

09:00 The team meet go out with J Donald again to collect the traps back to the centre, and then sort through the specimens caught.

12:30 Lunch

13:30 Continue with morning ' s tasks or go bird-watching with another resident scientist

16:30 Shower and change

18:00 Dinner, and a free evening

**Day 5**

07:30 Breakfast

09:00 The team meet today ' s scientist M Rodriguez, for a briefing on her research. The team will be looking at lianas.

12:30 Lunch

13:30 Continue with morning ' s tasks or do other tasks as allocated by M Rodriguez

16:30 Shower and change

18:00 Dinner

19:30 Night walk

**Day 6**

04:30 Wake up

05:30 Depart for observation tower (with cameras) to witness dawn over the rainforest, a spectacular experience only a lucky few get to do

07:45 Breakfast

09:00 Mike Bernadus ' s session, with J Donald - sorting and preservation of samples

12:30 Lunch

14:00 Free time to recover from this morning ' s early start, pack luggage, own activities, swimming in river

18:00 Dinner - a free evening - continue packing

**Day 7**

07:00 Breakfast

08:30 Depart for Gomantong Cave and on to Sepilok Orangutan Sanctuary