

Long Pa Sia Jungle Trek – 6 days / 5 nights

Brief Description

Long Pa Sia is a very remote village situated in the heart of Borneo and home to the once feared headhunting *Lun Dayeh* tribe. It is located in the south-western part of Sabah, adjacent to the border of Sarawak and Kalimantan. If you are looking for a mix of culture, trekking, camping and spending time with the real jungle experts then this is the trip for you.

The forest around Long Pa Sia is famous for the rich plant diversity and historical treasures. There are many cultural sites which includes burial grounds with ancient burial jars. The jungle trek will also take us past beautiful waterfalls and a hidden lake in the forest which is the setting for many of the local stories, beliefs and legends.

Day 1 (L, D)

We get picked up from our hotel in Kota Kinabalu and transported deep into the interior of Sabah to Long Pa Sia. The journey takes approximately eight hours with much of it by 4 x 4. We will be welcomed into the village by our host family who we will join for dinner, and stay overnight in their house. This is a great opportunity to experience the traditional way of life of these fascinating people and sample some local delicacies!

Day 2 (B, L, D)

After an early breakfast with our host family, we set off into the jungle accompanied by our Lun Dayeh guides. The first camp is approximately a five hour interesting trek from the village where we will experience river crossings and wobbly bridges. We help our guides collect any edible plants or jungle fruits along the way which we can cook along with dinner in the evening. The campsite is basic – jungle hammocks and an open fire for cooking. We sleep to the magical sound of the tropical rainforest.

Day 3 (B, L, D)

This morning we will continue trekking in this extremely rich jungle. The terrain becomes slightly more challenging taking us deeper and deeper into the forest, crossing rivers, and on to the next jungle camp.

Day 4 (B, L, D)

This will be the longest day of trekking – taking about eight hours! However, by this time we should be feeling fit, acclimatised and comfortable in the jungle. Again, we will camp in the forest, have a wash in the river and cook with the guide on the open fire.

Day 5 (B, L, D)

Today we trek back to Long Pa Sia where we will be welcomed back by our host family. Tonight we join them in a cultural show

Day 6 (B, L)

After breakfast we travel back to KK, arriving late afternoon at our hotel.