

PADI Discover Scuba Diving Experience – 2 try dives for non divers

Our PADI Discover Scuba Diving Experience is perfect if you wish to have an enjoyable and safe introduction to scuba diving. This one day course allows you to experience two dives with the second one to a maximum of 12 metres. You will visit two different dive sites in Tunku Abdul Rahman Marine Park (TARP) near Kota Kinabalu. The first dive site is normally the house reef at Pulau Sapi as it provides safe conditions whilst having plentiful marine life for divers to see. The second dive site will be at one of the many pretty shallower coral reefs we visit in TARP and will be chosen on the day based upon weather / sea state conditions and the groups comfort level with diving.

Itinerary

(timings to be used as guidelines only)

9:00am - Meet the instructors at the entrance to Jesselton Point Jetty in central Kota Kinabalu.

9:00am - Boat transfer to first island.

9:30am - Briefing for PADI DSD (education session)

10:00am - Put dive gear on. Complete confined skills session and first leisure dive.

11:30am - Boat transfer to either Padang Point or Pulau Mamutik for lunch. Enjoy a relaxed lunch on an island.

1:30pm - Boat transfer to second dive site for the day.

2:00pm - Briefing for the second dive and put dive gear on. Enjoy the second leisure dive of the day.

3:30pm - Boat transfer back to Jesselton Point jetty.

Skills Taught:

- The 6 key diving skills required to give you confidence and safety when diving.
- Buoyancy skills.
- Identifying marine life
- Diving to a maximum of 12 metres

Inclusions:

- A short education session and a confined open water skills session (as per PADI standards).
- Two leisure dives (up to a maximum of 12m).
- Instruction from qualified and friendly PADI Instructors.
- Boat transfers on a spacious and fully equipped catamaran (the largest, most well equipped diving day boat in Kota Kinabalu)
- A maximum 3 persons per PADI Instructor.
- The use of well maintained, fully functioning, high quality dive gear.

- A towel, unlimited tea, coffee, hot chocolate, water, fresh water shower, sun deck for chilling out between dives and lots of fun - and this is without leaving the boat!
- Al la carte lunch on an island

Pre-Requisites

- You need to be 10 years or older.
- You need to be comfortable in the water and have basic swimming skills.
- You should also be in good overall general health to dive, particularly your respiratory and circulatory system.
- You will be asked to self-certify before starting your PADI Discover Scuba Diving Experience and you need to complete the required PADI forms

Kit List – Can this be included in all the diving itineraries

Swimwear
Sunglasses
sun protection cream
sun hat.

Please do not bring valuables.