

First Aid and Search & Rescue Course (3 days)

Our standard 2 day outdoor first aid course and 1 day search & rescue course are combined to make a cohesive 3 day course, which has been undertaken by many leading professional organisations operating in remote locations in Borneo.

First Aid

This 2 day course is suitable for those who work in the outdoor industry or for people who regularly visit remote locations and may have to deal with first aid incidents when at a distance from emergency services. The course is provided through practical training and hands on scenarios.

Search & Rescue

The potential of talented and dedicated staff is enhanced by high-quality safety training. Learning systems for search and rescue, risk assessment skills, and incident management are complimented by the softer skills of client management, environmental impact and communication. With the added benefit of being able to combine this with remote forest first aid courses Fieldskills can assist managers of remote forest staff to implement high standards of safety and operation.

Our training methods are very much skills based and include a lot of practical exercises and scenario work. Team building is an added bonus to this experiential learning as most incident management involve teamwork to resolve successfully. Bespoke courses tailored to your organisation can be developed. We run bespoke training courses for forest workers, for example, rangers, professional guides, scientists and research assistants.

Course Content:

DAY 1

- Introduction to Course and Principles of First Aid
- Vital Signs
- Casualty Monitoring
- Safe Airway Procedures
- Incident Management Scenario – Safe Airway Position
- CPR
- Choking
- Bleeding and Shock
- Incident Management Scenario – Injured and Bleeding
- Minor Injuries

- Summary & Plan for the next day
- CPR Test

DAY 2

- Day 1 Review
- Soft Tissue, Bone and Joint Injuries to the Limbs
- Incident Management Scenario – Unconscious with Damaged Limb (splinting)
- Head Injuries including Eyes
- Neck and Spinal Injuries and Casualty Handling (Team Log Roll)
- Outdoor Scenario
- Common Illnesses (asthma, diabetes, epilepsy, heat illness)
- Bites, Stings and Anaphylaxis
- Outdoor Scenario – Snake Bite
- Outdoor Scenario – team incidents and triage and stretcher carrying
- Written Test
- Summary including Post Traumatic Stress

DAY 3

The following elements can be covered:

- Navigation (jungle specific)
- Search & Rescue
- River crossings and river safety
- Remote evacuation
- Jungle hazards
- Boat safety

Contact us:

If you would like any further information, please contact us on 088 484 734 or email us at info@fieldskills.com